| 品名 | 内容物 | 小麦 | 卵 | 乳 | そば | 落花生 | えび | かに | ナッツ類 | 大豆 | ごま |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 和朝食 | 白米 | | | | | | | | | | |
| | みそ汁 | | | | | | | | | ● | |
| | 焼き魚 | | | | | | | | | | |
| | オムレツ | ● | ● | ● | | | | | | ● | |
| | 筑前煮 | ● | | | | | | | | ● | |
| | 漬物 | ● | | | | | | | | ● | |
| | 野菜 | | | | | | | | | | |
| 牛すじカレー | 白米 | | | | | | | | | | |
| | カレー | ● | | ● | | | | | ● | ● | |
| | ポテトサラダ | ● | ● | ● | | | | | | ● | |
| | 野菜 | | | | | | | | | | |
| | 福神漬け | ● | | | | | | | | ● | |
| 掛川牛コロッケカレー | 白米 | | | | | | | | | | |
| | カレー | ● | | ● | | | | | ● | ● | |
| | ポテトサラダ | ● | ● | ● | | | | | | ● | |
| | 野菜 | | | | | | | | | | |
| | 福神漬け | ● | | | | | | | | ● | |
| | コロッケ | ● | ● | ● | | | | | | ● | ● |
| 焼きそば・おにぎり弁当 | やきそば | ● | | | | | | | | ● | |
| | 焼きおにぎり | ● | | | | | | | | ● | |
| | 厚焼玉子 | | ● | | | | | | | ● | |
| | からあげ | ● | ● | | | | | | | ● | |
| | 漬物 | | | | | | | | | ● | |
| | 紅ショウガ | | | | | | | | | | |
| 鶏のから揚げ弁当 | 白米 | | | | | | | | | | |
| | からあげ | ● | ● | | | | | | | ● | |
| | みそ汁 | | | | | | | | | ● | |
| | おひたし | ● | | | | | | | | ● | |
| | 野菜 | | | | | | | | | | |
| | 漬物 | ● | | | | | | | | ● | |
| 焼肉(豚)弁当 | 白米 | | | | | | | | | | |
| | 豚焼肉 | | | | | | | | | | |
| | みそ汁 | | | | | | | | | ● | |
| | きんぴら | ● | | | | | | | | ● | ● |
| | 野菜 | | | | | | | | | | |
| | 漬物 | ● | | | | | | | | ● | |
| 幕の内弁当 | 白米 | | | | | | | | | | |
| | みそ汁 | | | | | | | | | ● | |
| | 焼き魚 | | | | | | | | | | |
| | 煮物 | | | | | | | | | ● | ● |
| | おひたし | ● | | | | | | | | ● | |
| | きんぴら | ● | | | | | | | | ● | ● |
| | 厚焼玉子 | ● | ● | | | | | | | ● | |
| | からあげ | ● | ● | | | | | | | ● | |
| | 漬物 | ● | | | | | | | | ● | |